

# It takes a healthy staff to have a healthy school community



Save the date! Upcoming webinars on *The Way to Staff Well-being in Schools* workshop series.

*Foundational Course: Creating a Culture of Well-being*

April 7, 2021  
3:30 to 5:00pm PST  
Register [on PDenroller](#)

*Deep Dive: Active Living for Educators*

February 17, 2021  
4:00 to 5:00pm PST  
Register [on PDenroller](#)

\*Save the date for more offerings below!

## Learn how a proactive approach to staff well-being can help schools thrive

### Designed for teachers, staff and administrators

Healthy staff and teachers are our most valuable resource for creating safe and supportive learning environments. *The Way to Staff Well-being in Schools* workshop series explores resources and tips to strengthen staff well-being at the individual, collective and policy level.

**Foundational Course: The Way to Staff Well-being in schools – Creating a Culture of Well-being, will be offered multiple times in 2021**

- April 7, 2021 – Register [on PDenroller](#)
- June 2, 2021 – Register [on PDenroller](#)

**Deep Dive Series: Presented by Kaiser Permanente subject matter experts to support your self-care**

- February 17, 2021: Active Living for Educators – Register [on PDenroller](#)
- March 10, 2021: Mental Health for Educators – Register [on PDenroller](#)
- April 28, 2021: Stress Management for Educators – Register [on PDenroller](#)
- May 12, 2021: Healthy Habits for Educators – Register [on PDenroller](#)

No cost workshop

Register on PDenroller for free clock hours

Questions? Contact [KPWA.WFH@kp.org](mailto:KPWA.WFH@kp.org)

These events are open to all school or district staff, including teachers, administrators, nutrition services directors, well-being leads, classifieds, and more. Please share with any colleagues you believe will benefit from attending.

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